



# Northeastern University

## NU PREHEALTH PROGRAM

### ORIENTATION CHECKLIST

- ✓ **PreHealth website ([www.premed.neu.edu](http://www.premed.neu.edu)): bookmark it! Visit often. Check announcements, calendar, course requirements, resources, etc. Find forms for letters, application agreement, and committee letter here too.**
- ✓ Other resources:
  - MedAppTrak (MAT) Account
  - Class Meetings (spring) & Applicant Meetings (general & Tufts EA, fall)
  - Student clubs: NUAMSA, MAPS, PDA, Pre-vet, Pre-optometry
  - PreHealth Advising team
  - Center for Community Service
  - Career Services
- ✓ Do you really want to do this?
  - Examine your motivations!
  - Explore medical careers virtually ([www.healthcareers.org](http://www.healthcareers.org) & [www.aspiringdocs.org](http://www.aspiringdocs.org)) and hands-on.
- ✓ What makes for a good (i.e., high chance of success) application?
  - Lots of preparation (**you** need to research schools, requirements, etc.)
  - Good grades in a rigorous program of study
  - High test scores (**you need to study much more than you think – commercial test prep courses are not nearly enough!**); co-op is a great time to study.
  - Quality experience in **clinical** and research settings
  - A strong Committee Letter/PreHealth Advisor Letter (including glowing letters from NU faculty and external supervisors)
  - An interesting story
  - **AN EARLY APPLICATION!!!!** (Ignore printed deadlines!)
- ✓ Where to start?
  - Get registered as “PreHealth” - Request a MedAppTrak (MAT) account: follow instructions at the web site to do.
  - Enter as much current information as possible into your MedAppTrak account and keep it updated.
  - Study – Explore – Plan - Prepare

### REMEMBER.....

**The application process takes more than a year.** Gear up in the fall semester of junior year if you plan to matriculate right after graduation\*. Letters are due in April and interviews are done in the spring. For more details, go to the website.